

USEFUL CONTACT NUMBERS

SAFEGUARDING, WELFARE & EXTERNAL



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EMA SAFEGUARDING

safeguarding@ematraining.co.uk

TEL: 01332 371666 Option 1

Designated Safeguarding Lead (DSL) & Mental Health First Aider:
Beckie Perkins

Designated Safeguarding Officer (DSO):

Laura Barber
Paula Gregory
Jordan Ward



HEALTH & WELFARE

GO SMOKE-FREE

Expert advice and support on how to quit smoking and improve your health <https://www.nhs.uk/betterhealth/quitsmoking/> 0300 123 1044

HUB OF HOPE

A search engine that finds the best resource based on your requirements and location

<https://hubofhope.co.uk/>

KOOTH

A free online counselling and emotional well-being platform for children and young people.

<https://www.kooth.com/>

LESBIAN AND GAY SWITCHBOARD

Advice about sexuality.

<https://switchboard.lgbt/>

0300 330 0630 / chat function on site

MINDED

MindEd is a free educational resource on children and young people's mental health for all adults.

<https://www.minded.org.uk/>



NHS DIRECT

A confidential health advice and information service

<https://111.nhs.uk/>

111

NSPCC

24-hour service offering advice and help to children experiencing problems at home, school, or anywhere else. Adults can also contact the organisation if they believe a child, they know is being abused or neglected. www.nspcc.org.uk 0808 800 5000

RAPE CRISIS CENTRE

Provides information, advice, and help for victims of rape and sexual abuse, and where to find a local Centre

<https://rapecrisis.org.uk/>

0808 802 9999 (Live chat available)

SV2

SV2 is a charity in Derbyshire that provides support services to victims of sexual violence such as assault, abuse, or rape.

<https://www.sv2.org.uk>

Trent PTS

Trent PTS is an approved NHS provider of psychological therapies. We provide treatment for depression, anxiety, loss, grief, trauma, relationship problems, and much more.

<https://www.trentpts.co.uk>

SAMARITANS

This is a 24-hour phone and email service for people who need to talk confidentially about a problem. The site also holds a list of local offices if you need to talk to someone face-to-face.

www.samaritans.org

116 123 (free)



THE MIX

The Mix is the UK's leading support service for young people (25yrs and under). We are here to help you take on any challenge you're facing - from mental health to money, from homelessness to finding a job, from break-ups to drugs.

<https://www.themix.org.uk/>

0808 808 4994 (1-2-1 chat and messenger options also available)

WOMAN'S AID

Help and support for those suffering from domestic violence.

www.womensaid.org.uk

0808 2000 247

BRITISH PREGNANCY ADVISORY SERVICE

A charitable organisation offering information, advice, and treatment with a range of services linked to pregnancy and fertility control.

www.bpas.org

03457 304030

BULLYING UK

Advice and support on a range of bullying-related issues, including cyberbullying.

www.bullying.co.uk

0808 800 2222

CHILDLINE

The UK's free 24-hour helpline for children in distress or danger.

www.childline.org.uk

0800 1111



CONTRACEPTION

Family planning confidential advice and information on contraception and sexual health.

<https://www.nhs.uk/conditions/contraception/>

EATING DISORDERS

Support for anyone affected by an eating disorder.

<https://www.nhs.uk/mental-health/feelings-symptoms-behaviours/behaviours/eating-disorders/overview/>



COUNSELLING

CRUSE BEREAVEMENT CARE

Free emotional support, help, and advice to anyone affected by the death of someone close to them. www.cruse.org.uk/ 0808 808 1677

GAMBLERS ANONYMOUS

A free organisation run by ex-gamblers. Provides help to people who want to stop gambling through therapy held at Gamblers Anonymous meetings.

www.gamblersanonymous.org.uk/
0330 094 0322

NATIONAL DEBT LINE

A national helpline that provides free, confidential, and independent advice on how to deal with debt problems

www.nationaldebtline.org/
0800 808 4000

RELATE

An organisation that offers relationship counselling and a range of other relationship support services for adults, families, and children.

www.relate.org.uk/
0300 100 1234 (Web Chat available)



DRUGS & ALCOHOL

ALCOHOLICS ANONYMOUS

A free organisation that helps people who want to stop addictive drinking. Offers a twelve-step programme as a solution

www.alcoholics-anonymous.org.uk/

0800 9177650

FRANK

A free confidential helpline (will not show up on phone bill) and website giving information about drugs and their effects. It also gives information about getting help with drug problems.

www.talktofrank.com/

0300 1236600

CAREERS ADVICE

NATIONAL CAREERS SERVICE

A service that provides confidential advice, support, and information for people aged 13-19.

<https://nationalcareers.service.gov.uk/#>

0800 100 900



GOVERNMENT DEPARTMENT

DEPARTMENT FOR WORK AND PENSIONS (DWP)

Visit this website for information about benefits and services you may be able to get and how to apply, including the forms you can download.

<https://www.gov.uk/government/organisations/department-for-work-pensions>

EMPLOYING AN APPRENTICE

Legislation and information on employing an apprentice

<https://www.gov.uk/employing-an-apprentice/pay-and-conditions-for-apprentices>



RIGHTS & LEGAL ADVICE

ACAS

Offers free, confidential, and impartial advice on all employment rights issues www.acas.org.uk 0300 123 1100

CITIZENS ADVICE

A network of offices that provide free independent advice about legal issues, money, benefits, and other problems.

www.citizensadvice.org.uk

0808 223 1133 (Webchat available)

EMPLOYMENT TRIBUNALS SERVICE

If you feel you have been discriminated against by your employer, or treated unfairly in the application process, you may have the right to go to an employment tribunal

www.gov.uk/courts-tribunals/employmenttribunal

0300 1231024



TRADE UNIONS

NATIONAL UNION OF STUDENTS APPRENTICE EXTRA

NUS Apprentice extra, a discount card for UK Apprentices with loads of discounts in-store and online <https://www.apprenticeextra.co.uk/>

UNISON

Representing people who work in public services as well as the voluntary and private sectors.

www.unison.org.uk

0800 0 857 857



LINKS FOR YOUR COURSE

AAT

The world's leading professional body for Accounting Technicians
AAT is our Awarding Organisation for our knowledge modules
www.aat.org.uk/ (0)20 3735 2468

ACCA

Our Awarding Organisation for our Level 7 ACCA qualification.
www.accaglobal.com 0141 5822000

CIMA

Internationally recognised organisation for our Level 7 CIMA qualification.
email - enquiries@cimastudies.com 020 35106865

CIM

Our awarding body for Multi-Chanel Marketer, Content Creator and Marketing Executive.

CIM support, develop, and represent marketers, organisations, and the profession all over the world.

<https://www.cim.co.uk/>



BCS

Our Awarding Organisation for our knowledge modules for ICT, DST, SD, NE, AND DM.

www.bcs.org/ 01793 417417

CIPP

The CIPP is the Chartered Institute of Payroll, Pensions and Reward professionals in the UK.

www.cipp.org.uk/about-us/contact-us.html/ (0) 121 712 1000

DSW

For 25 years, we've forged partnerships with our clients, dedicated to nurturing talent through bespoke learning consultancy and impactful development programmes.

www.dswlearning.co.uk/ 01302 760 008

OFSTED

Ofsted is the Office for Standards in Education, Children's Services, and Skills.

www.gov.uk/government/organisations/ofsted
0300 123 4666

EDUCATION AND SKILLS FUNDING AGENCY

The Government Agency that funds education

<https://www.gov.uk/government/organisations/education-and-skills-funding-agency>

HEALTH AND SAFETY EXECUTIVE

Information on regulations and legislations.

<https://www.hse.gov.uk/>

